

Erica Ceciliani

Psychologist and Transcultural Psychotherapist

Individualized therapeutic pathways online and in person

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Registered psychologist no. 03/16845

PROFESSIONAL PROFILE

Professional profile: Psychotherapist with transcultural training and extensive clinical experience with adults, minors, families and people in vulnerable contexts. She integrates clinical listening, attention to personal and cultural stories, and the creation of tailored therapeutic pathways.

RELEVANT EXPERIENCE

2019 - present Private psychotherapy practice

Chiavenna

- Individualized therapeutic pathways for adults and developmental age.
- Psychological counselling and support focused on change, personal crises and family relationships.

2019 - present Child Protection - Social Services, minors area

Chiavenna

- Psycho-socio-family assessments and parental competence evaluations in collaboration with the Juvenile Court and Ordinary Court.
- Psychological support and psychotherapy for adults and minors; parenting support pathways.

2015 - 2021 School-based primary prevention projects

Specchio Magico Cooperativa Sociale ONLUS

- Psychoeducational work in schools on abuse, maltreatment, relationships, gender equality and conscious internet use.
- Meetings with parents and teachers; identification and management of situations of vulnerability.

OTHER COLLABORATIONS

IEP - European Institute of Psychotraumatology and Stress Management · Mother-child community, Centro Rita Tonoli · Vivavoce Institute Medical Centre · Anti-violence Centre, Associazione ONLUS "Tua e le Altre" · Court-appointed expert work and protected hearings with minors

EDUCATION

2016 - 2019 Specialization in Transcultural Psychotherapy, GRT - Milan

2014 Registration with the Order of Psychologists of Lombardy, no. 03/16845

2012 Master's Degree in Clinical, Developmental and Neuropsychology - University of Milano-Bicocca, 110 cum laude

2010 Bachelor's Degree in Psychological Sciences and Techniques - University of Milano-Bicocca, 110 cum laude

SKILLS

- Individual psychotherapy for adults and minors
- Parenting support and parental competence evaluation
- Clinical work in transcultural and vulnerable contexts
- Primary prevention, psychoeducational work and collaboration with schools and families
- Clinical analysis, diagnostic reports and intervention planning
- Languages: Italian native speaker, excellent English, good/basic French

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